

FREEWAY

A NOT-SO-PERFECT GUIDE TO FREEDOM

Week 2: Awareness

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Last Week: Welcome to the Party

To find true freedom in our spirituality, which encompasses all of life, we must start with Jesus.

This Week: Awareness

The reason we all need to press into Jesus is that we all have blind spots.

Even King David had one.

2 Samuel 12:1-7, 13

And the Lord sent Nathan to David. He came to him and said to him, There were two men in a certain city, the one rich and the other poor. ²The rich man had very many flocks and herds, ³but the poor man had nothing but one little ewe lamb, which he had bought. And he brought it up, and it grew up with him and with his children. It used to eat of his morsel and drink from his cup and lie in his arms, and it was like a daughter to him. ⁴Now there came a traveler to the rich man, and he was unwilling to take one of his own flock or herd to prepare for the guest who had come to him, but he took the poor man's lamb and prepared it for the man who had come to him." ⁵Then David's anger was greatly kindled against the man, and he said to Nathan, "As the LORD lives, the man who has done this deserves to die, ⁶and he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

⁷Nathan said to David, "You are the man! Thus says the LORD, the God of Israel, 'I anointed you king over Israel, and I delivered you...

¹³David said to Nathan, "I have sinned against the LORD."

Psalm 51:1-4

¹Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. ²Wash me thoroughly from my iniquity, and cleanse me from my sin! ³For I know my transgressions, and my sin is ever before me. ⁴Against you, you only, have I sinned and done what is evil in your sight.

"We are as strong as we are honest."

(Continues on back)

Psalm 51:10-12

¹⁰ Create in me a clean heart, O God, and renew a right spirit within me. ¹¹ Cast me not away from your presence, and take not your Holy Spirit from me. ¹² Restore to me the joy of your salvation, and uphold me with a willing spirit.

Spiritual maturity is active, not passive.

Psalm 139:23-24

²³ Search me, O God, and know my heart! Try me and know my thoughts! ²⁴ And see if there be any grievous way in me, and lead me in the way everlasting!

David is inviting God into active relationship with him.

Do you want to be spiritually aware?

1. We can be passive and not do anything—and hopefully through God's grace he will hit us upside the head and show us the error of our ways and truthfully that can be an enormous blessing!
2. Or we can be active—we can seek God.

If you want to be active:

1. Take the spiritual health self-assessment on our website, CTK App, or in paper form at the Connection Point.
2. Second, join in a class or small group
 - a. We just started classes - Details in *CTK Life* quarterly flyer
 - b. We just started small groups - let the team at the Connection Point know if you'd like to be in a group

Small Group Questions

Before you start in on these questions, read Psalm 139 out loud in your group. You can have one person read or split it up as people are comfortable.

1. What does it mean to you to be "self-aware"? How would our lives or our world be different if we were more self-aware?
2. Why do you think it can be hard to get in touch with what's going on inside of us? What keeps us from growing in self-awareness?
3. What's the opposite of self-aware or spiritually aware? When have you seen that hurt someone? How has it hurt you in the past?
4. What active step(s) could you take to become more spiritually self-aware? Is there any way we can help you in these steps?
5. How can we pray for you right now and during the week?