



Part 7  
The Lie: Temptation Always Wins  
Pastor Grant Fishbook  
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**The Lie:**  
**Temptation always wins.**

**The Truth:**  
Temptation can be defeated through the power of Jesus.

**James 1:12-15**

Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him. When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; but each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

**What can we learn?**

- Temptation does not come from God
- Temptation is rooted in our own evil desires
- Temptation is a process (desire, enticement, more desire, sin, death)

**1 Corinthians 10:12-13**

So, if you think you are standing firm, be careful that you don't fall! No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

**What can we learn?**

- If you think you are immune to temptation, you are wrong
- Temptation happens to everyone
- God never allows more temptation than we can handle
- When we are tempted God always provides a way out

**The way out may be a:** Door

Button

Sprint

Moment of clarity

Plan for accountability

Desperate Prayer

Spiritual Discipline

*(Continues on back)*

## The most powerful weapon against temptation: Prayer

Pray that you will not fall into temptation. – *Luke 22:40*

### Hebrews 2:17-18

For this reason [Jesus] had to be made like his brothers in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people. Because he himself suffered when he was tempted, he is able to help those who are being tempted.

### Hebrews 4:15-16

For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

### What can we learn about God when we are tempted?

- Jesus wants to help us have victory over temptation
- Jesus experienced temptation firsthand
- God invites us to the throne room to find grace and mercy

### Next Steps

After you get home, take a few minutes and write out the temptations that you struggle with repeatedly. Acknowledge them to God. Ask for his help and deliverance.

### Small Group Discussion Questions



1. Everyone has a culinary or beverage weakness (mine is Starbucks). What's yours?
2. Which of these would tempt you most?
  - a. Buying a car you can't afford
  - b. Watching a TV show you know you shouldn't watch
  - c. Eating food you know you don't need
  - d. Sharing a tender morsel of gossip
  - e. Not having to answer this question honestly
3. What safeguards have you built into your life to battle against temptation?
4. How have you seen God protect you from temptation? In what way did He provide a way out?
5. Have you had a victory over temptation? Share in a way that brings glory to God and encouragement to your group. If you are struggling with temptation, consider sharing that with your group so that they can pray for you.
6. How can we pray for you tonight?