



Road Trip

Part 3: Distracted Driving

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1 Peter 4:7-11

The end of all things is near. Therefore be clear minded and self-controlled so that you can pray. ⁸ Above all, love each other deeply, because love covers over a multitude of sins. ⁹ Offer hospitality to one another without grumbling. ¹⁰ Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. ¹¹ If anyone speaks, he should do it as one speaking the very words of God. If anyone serves, he should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen.

Marks of a Clear Mind

Knowing God (*Mark 12:29-31; John 17:3; Fear of God is the beginning of wisdom*)

Knowing Self (*Luke 1:19; Knowing who you are and who you are not*)

Discernment (*good from evil; true from false; spiritual vs. natural*)

What comes against a clear mind?

Distraction

Discouragement

Deception (*2 Corinthians 10:3-6; the mind is the battlefield*)

Disobedience

Depravity (*Romans 1:28; 8:5*)

We Need a Course Correction

Healing of mind comes from transformation (*Romans 12:2; the Word*)

A new focus (*Philippians 4:8*)

A new pace (*Psalms 46:10*)

A new peace (*Isaiah 26:3*)

A new truth (*1 John 5:20*)

A new obedience (*John 14:21*)

A new mind = knowing God (*John 17:3*)

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Staying On Course Requires...

A new fuel (*Joshua 1:8, Psalm 1, John 17:7, Jeremiah 31:33, Colossians 3:1-2*)

A new prayer (*James 1:5-6*)

**Our purpose is to love and know God.
We can only do this when we have a clear mind.**

Next Steps

- At the end of every day or throughout your days this week, write down the primary things your mind was focused on. At the end of the week, look over what you wrote. What occupied your mind the most? Are you satisfied with what you see on this list?
- Spend time this week reading the following passages of scripture: (*Joshua 1:8, Psalm 1, John 17:7, Jeremiah 31:33, Colossians 3:1-2*). What do these scriptures mean and how can you apply them to your life?

Group Life Discussion Questions



1. Do you have a summer "to do" list? What fun things are on it and what "chores" are on it?
2. What do you think are some of the biggest distractions in today's world? How do you see yourself and others around you being distracted from important things?
3. How would you describe the pace of your life right now? Are you OK with that pace?
4. Is there something (or things) distracting you from what you would like to focus on in life right now? What are they? What is one thing you want to focus on in life right now?
5. Can you think of some practical ways you could focus on what is most important?
6. How can we pray for you today?